



**Wilson Family YMCA
2011/2012
Gymnastics Schedule**

Gymnastics at an early age can drastically improve your child's coordination and timing, as well as help build strong bones and muscles. This wonderful sport makes the body more agile, allowing other sports to be played with greater ease. Confidence and self-esteem flourish as a child learns to execute new gymnastics skills they never thought they could. Give your child an advantage in any sport by conditioning their body and mind with gymnastics. Call 291-9622 for more information or register at the Wilson Family YMCA.

Cost for Members \$40 per session / Non-members \$50 per session

Choose the day below that works best with your schedule. Students will be grouped according to their age and skill levels within each class.

2011/2012 Class Times

Pre-School Girls and Boys	Monday 4:30 or Thursday 5:30
Girls – Kindergarten – 6 th grade	Monday 4:30 or Wednesday 4:30 or Thursday 5:30
Boys – Kindergarten – 6 th grade	Wednesday 4:30
Advanced Girls (requires approval by coach)	Tuesday 5:30

2011 -2012 Gymnastics Session Schedule

Session 1	Session 2	Session 3	Session 4
Closed Sept. 5th Make up Fri. Sept 9th @regular class time. Tues. Sept. 6 – Sept. 8	Oct. 3-6	Oct. 31-Nov.3	Nov. 28 – Dec. 1
Sept. 12-15	Oct. 10-13	Nov. 7-10	Dec. 5-8
Sept. 19-22	Oct. 17-20	Nov. 14-17	Dec. 12-15
Sept. 26-29	Oct. 24-27	Nov. 21-22 Closed Nov 23rd&24th Make up <u>Nov.18th</u> @ regular class time.	Dec. 19-22 No classes Dec. 23rd-Jan. 1st
Session 5	Session 6	Session 7	Session 8
Jan. 2-5	Jan. 30 – Feb.2	Feb. 27 – March 1	March 26-29
Jan. 9-12	Feb. 6-9	March 5-8	April 2-5 No classes-Apr 9-13
Jan. 16-19	Feb. 13-16	March 12-15	April 16-19
Jan. 23-26	Feb. 20-23	March 19-22	Awards Week April 23-26

Gymnastics is a seasonal sport that reaps more benefits from attending all season!